

MASTER'S IN HIGH PERFORMANCE SPORT: STRENGTH AND
CONDITIONING

ACADEMIC SCHEDULE 2020-2021

MODULE: SCIENTIFIC PRINCIPLES OF S&C

DAY	DATE	TIME	LOCATION	PROFESSOR
Thurs	18/02/21	9:00-14:00	N2_0_A05	Pedro E. Alcaraz
Thurs	25/02/21	9:00-14:00	N2_0_A05	Nicola Maffioletti
Fri	26/02/21	9:00-14:00	N2_0_A05	Luis Alegre
Thurs	04/03/21	09:00-11:30	N2_0_A05	Tomás T. Freitas
Fri	16/04/2021	15:30-20:30	N2_0_A05	Francesco Cuzzolin

Classes will take place at the Sports Faculty, located in the Centro Comercial la Noria Outlet (near UCAM Sports Center)

N1 = building 1 (orange); N2 = building 2 (purple); A = class; API = computer class.

EXAM: SCIENTIFIC PRINCIPLES OF STRENGTH & CONDITIONING				
Weds	28/04/21	10:30-11:00	N2_0_A05	Exam: scientific principles of s&c