

1º Semester ACADEMIC SCHEDULE - 2024/25 Course

1º SEMESTER
ACADEMIC SCHEDULE*
2024/25 Course

Bachelor's Degree in Physical Activity and Sport Sciences

FACULTY OF SPORT

* The following document presents a proposed schedule, which may be subject to change.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 - 9.00h	Swimming pces. (Piscina Torres de Cotillas) Kostas Spyrou	Motor Skills and Motor Games (Pista Parking) Juan Pablo Rey	Leisure and Recreation (F7 Guadalupe) Francisco José Cánovas	Dance and Corporal Expression (Sala A USC) Beatriz Garrido	Human Anatomy and Kinesiology of the Locomotor System (Lab until 15 November 2023) (N2_0_A04 From the 22th of November, 2023) Linda Chung
9.00 - 9.30h					
9.30 - 10.00h					
10.00 - 10.30h					
10.30 - 11.00h					
11.00 - 11.30h					
11.30 - 12.00h	Human Anatomy and Kinesiology of the Locomotor System (N2_0_A04) Linda Chung	History of Sport (N2_0_A04) Alejandro Leiva	History of Sport (N2_0_A04) Alejandro Leiva	History of Sport (N2_0_A04) Alejandro Leiva	Human Anatomy and Kinesiology of the Locomotor System (N2_0_A04) Linda Chung
12.00 - 12.30h					
12.30 - 13.00h					
13.00 - 13.30h					
13.30 - 14.00h					
14.00 - 14.30h					
14.30 - 15.00h					
				THURSDAY	FRIDAY
15.00 - 15.30h	Dance and Corporal Expression (N3_0_A02) Beatriz Garrido	Swimming (N2_0_A04) Kostas Spyrou	Motor Skills and Motor Games (N2_0_A04) Juan Pablo Rey	Leisure and Recreation (N3_0_A01) Francisco José Cánovas	
15.30 - 16.00h					
16.00 - 16.30h					
16.30 - 17.00h					
17.00 - 17.30h					
17.30 - 18.00h					
18.00 - 18.30h					
18.30 - 19.00h					
19.00 - 19.30h					
19.30 - 20.00h					
20.30 - 21.00h					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 - 9.00h		Physiology of Sport / Biomechanics of Sport (Lab- N2_0_L01) Alternate weeks Christopher Keating	Psychology of Physical-Sporting Activities (N2_0_A03) Beatriz Garrido		Football (N3_0_A02) Kostas Spiyou
9.00 - 9.30h	Physiology of Sport (N3_0_A02) Christopher Keating				
9.30 - 10.00h					
10.00 - 10.30h					
10.30 - 11.00h					Physiology of Sport (N3_0_A02) Christopher Keating
11.00 - 11.30h	Psychology of Physical-Sporting Activities (N3_0_A02) Beatriz Garrido	Athletics (N3_0_A02) Kostas Spyrou			
11.30 - 12.00h			Athletics (N2_0_A03) Kostas Spyrou		
12.00 - 12.30h					
12.30 - 13.00h					Football (CF7 Guadalupe) Kostas Spiyou
13.00 - 13.30h	Football (N2_0_A05) Kostas Spyrou	Biomechanics of Sport (N3_0_A02) Christopher Keating	Athletics (Monterromero) Kostas Spirou		
13.30 - 14.00h					
14.00 - 14.30h					
14.30 - 15.00h					
	Biomechanics of Sport (N2_0_A04) Christopher Keating	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15.30 - 16.00h					
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 8.30h					
8.30 - 9.00h					
9.00 - 9.30h	Teaching and Learning Processes in Physical Activities and Sport (N2_0_A08) Francisco José Cánovas	Organisation and Management of Sport Systems (N2_0_A04) María José Maciá	Sports Training Methodology (N1_0_A01) Tomás Freitas	Organisation and Management of Sport Systems (N2_0_A04) María José Maciá	
9.30 - 10.00h					
10.00 - 10.30h					
10.30 - 11.00h		Teaching and Learning Processes in Physical Activities and Sport (N3_0_A01) Francisco José Cánovas	Health Education / Adapted and Inclusive Sports (Pista USC) Alternate weeks Christopher Keating / Mario Albaladejo y Adrián Mateo		Teaching and Learning Processes in Physical Activities and Sport / Sports Training Methodology (CF8 Guadalupe/ Polideportivo Javalí Viejo) - Alternate weeks Francisco José Cánovas / Tomás Freitas
11.00 - 11.30h	Health Education (N3_0_A01) Christopher Keating			Adapted and Inclusive Sports (N3_0_A01) Mario Albaladejo y Adrián Mateo	
11.30 - 12.00h					
12.00 - 12.30h					
12.30 - 13.00h		Sports Training Methodology (N3_0_A01) Tomás Freitas		Health Education (N3_0_A01) Christopher Keating	
13.00 - 13.30h			Adapted and Inclusive Sports (N2_0_A05) Mario Albaladejo y Adrián Mateo		
13.30 - 14.00h					
14.00 - 14.30h					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
8.00 - 8.30h						
8.30 - 9.00h	Psychological Aspects of Sports Injuries (N2_0_A03) Beatriz Garrido	Personal Training and Fitness / Sport Training Control (Pista USC) Alternate weeks Tomás Freitas		Sport Planning and Management (N3_0_A01) Javier Viguera	Personal Training and Fitness (N3_0_A03) Tomas Freitas	
9.00 - 9.30h						
9.30 - 10.00h						
10.00 - 10.30h						
10.30 - 11.00h	Sport Training Control (N2_0_A03) Tomás Freitas	Sport Training Control (N2_0_A05) Tomás Freitas	Research Methodology in Physical Activity and Sport (API) María José Maciá	Research Methodology in Physical Activity and Sport (API) María José Maciá	Psychological Aspects of Sports Injuries (N1_0_A01) Beatriz Garrido	
11.00 - 11.30h						
11.30 - 12.00h						
12.00 - 12.30h			Personal Training and Fitness (N3_0_A01) Tomás Freitas		Sport Planning and Management (N2_0_A05) Javier Viguera	
12.30 - 13.00h						
13.00 - 13.30h						
13.30 - 14.00h						
14.00 - 14.30h						

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
15.00 - 15.30h					
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