

1º Semester ACADEMIC SCHEDULE - 2023/24 Course

**1º SEMESTER**  
**ACADEMIC SCHEDULE\***  
**2023/24 Course**

Bachelor's Degree in Physical Activity and Sport Sciences

FACULTY OF SPORT

\* The following document presents a proposed schedule, which may be subject to change.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 - 9.00h	Swimming pces. (Piscina Torres de Cotillas) Kostas Spyrou	Motor Skills and Motor Games (Sala A) Juan Pablo Rey	Leisure and Recreation (F7 Guadalupe) Francisco José Cánovas	Dance and Corporal Expression (N2_0_A10Danza) Beatriz Garrido	Human Anatomy and Kinesiology of the Locomotor System (N2_0_A04) Linda Chung
9.00 - 9.30h					
9.30 - 10.00h					
10.00 - 10.30h					
10.30 - 11.00h					
11.00 - 11.30h					Swimming (N2_0_A04) Kostas Spyrou
11.30 - 12.00h					
12.00 - 12.30h	Human Anatomy and Kinesiology of the Locomotor System (N2_0_A04) Linda Chung	History of Sport (N2_0_A04) Alejandro Leiva	History of Sport (N2_0_A04) Alejandro Leiva	History of Sport (N2_0_A04) Alejandro Leiva	Human Anatomy and Kinesiology of the Locomotor System (Lab until 17 November 2023) (N2_0_A04 From the 24th of November, 2023) Linda Chung
12.30 - 13.00h					
13.00 - 13.30h		Motor Skills and Motor Games (N2_0_A04) Juan Pablo Rey	Leisure and Recreation (N2_0_A04) Francisco José Cánovas	Leisure and Recreation (N2_0_A04) Francisco José Cánovas	
13.30 - 14.00h					
14.00 - 14.30h					
14.30 - 15.00h					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15.00 - 15.30h	Motor Skills and Motor Games (N2_0_A04) Juan Pablo Rey				
15.30 - 16.00h					
16.00 - 16.30h	Dance and Corporal Expression (N2_0_A04) Beatriz Garrido	Swimming (N2_0_A04) Kostas Spyrou	Dance and Corporal Expression (N2_0_A04) Beatriz Garrido		
16.30 - 17.00h					
17.00 - 17.30h					
17.30 - 18.00h					
18.00 - 18.30h					
18.30 - 19.00h					
19.00 - 19.30h					
19.30 - 20.00h					
20.30 - 21.00h					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 - 9.00h	Physiology of Sport (N3_0_A02) Christopher Keating	Physiology of Sport / Biomechanics of Sport (Lab- N2_0_L01) Alternate weeks Christopher Keating / Oriol Abellán	Football (N3_0_A02) Kostas Spirou		
9.00 - 9.30h					
9.30 - 10.00h					
10.00 - 10.30h			Physiology of Sport (N3_0_A02) Christopher Keating	Athletics (Monterromero) Kostas Spirou	
10.30 - 11.00h					
11.00 - 11.30h	Biomechanics of Sport (N3_0_A02) Oriol Abellán	Psychology of Physical-Sporting Activities (N3_0_A02) Beatriz Garrido / Pierpaolo Sansone			
11.30 - 12.00h					
12.00 - 12.30h					
12.30 - 13.00h	Football (N3_0_A02) Kostas Spirou	Athletics (N3_0_A02) Kostas Spirou	Football (CF7 Guadalupe) Kostas Spirou		
13.00 - 13.30h					
13.30 - 14.00h					
14.00 - 14.30h	Psychology of Physical-Sporting Activities (N2_0_A03) Beatriz Garrido / Pierpaolo Sansone				
14.30 - 15.00h					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15.30 - 16.00h	Psychology of Physical-Sporting Activities	Biomechanics of Sport (N3_0_A01) Oriol Abellán			
16.00 - 16.30h					
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 - 9.00h	Sport Facilities and Equipment (N2_0_A04) María José Maciá	Sport Facilities and Equipment (N2_0_A04) María José Maciá	Techniques, Test and Register Tools (N2_0_A04) Christopher Keating	Physical Activity and Health (N3_0_01) / (Pca Pabellón Javalí Viejo) Christopher Keating	Teaching and Learning Processes in Physical Activities and Sport / Training Methodology ( CF8 Guadalupe/ Polideportivo Javalí Viejo ) - Alternate weeks Francisco José Cánovas / Tomás Freitas
9.00 - 9.30h					
9.30 - 10.00h					
10.00 - 10.30h					
10.30 - 11.00h	Teaching and Learning Processes in Physical Activities and Sport (N3_0_A01) Francisco José Cánovas	Training Methodology (N3_0_A01) Tomás Freitas	Humanities (N3_0_A01) Segio Gutierrez	Teaching and Learning Processes in Physical Activities and Sport (N3_0_A01) Francisco José Cánovas	Physical Activity and Health (N3_0_A01) Christopher Keating
11.00 - 11.30h					
11.30 - 12.00h					
12.00 - 12.30h					
12.30 - 13.00h	Techniques, Test and Register Tools (N3_0_A01) Christopher Keating	Physical Activity and Health (N3_0_A01) Christopher Keating	Training Methodology (N3_0_A01) Tomás Freitas		
13.00 - 13.30h					
13.30 - 14.00h					
14.00 - 14.30h					

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20.30 - 21.00h					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30 - 9.00h	Psychological Aspects of Sports Injuries (N2_0_A05) Beatriz Garrido	Personal Training and Fitness / Sport Training Control (Pista USC) Alternate weeks Pierpaolo Sansone, Antonio Martínez Serrano /Tomás Freitas	Research Methodology in Physical Activity and Sport (API) María José Maciá	Research Methodology in Physical Activity and Sport (API) María José Maciá	
9.00 - 9.30h					
9.30 - 10.00h					Psychological Aspects of Sports Injuries (N2_0_A05) Beatriz Garrido
10.00 - 10.30h				Personal Training and Fitness (N2_0_A04) Pierpaolo Sansone / Antonio Martínez Serrano	
10.30 - 11.00h	Sport Training Control (N2_0_A05) Tomás Freitas	Sport Planning and Management (N2_0_A05) Javier Viguera	Sport Planning and Management (N2_0_A05) Javier Viguera		
11.00 - 11.30h					
11.30 - 12.00h	Personal Training and Fitness (N2_0_A05) Pierpaolo Sansone / Antonio Martínez Serrano				
12.00 - 12.30h					
12.30 - 13.00h					
13.00 - 13.30h					
13.30 - 14.00h					
14.00 - 14.30h					

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
15.00 - 15.30h					
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