

Master's in High Performance Sport: Strength and Conditioning

Director: Pedro E. Alcaraz Ramón

Coordinator: Linda H. Chung

Committee on Quality of the Degree (CCT)

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**Module 1
Research methodology**

Coordinator:
Linda H. Chung

**Module 2
Research and computer methods in strength and conditioning**

Coordinator:
David Prieto

**Module 3
Scientific principles of strength and conditioning**

Coordinator: Jorge Carlos Vivas

**Module 4
Exercise Physiology**

Coordinator:
Domingo J. Ramos Campo

**Module 5
Biomechanics and movement analysis**

Coordinator:
Tomás T. Freitas

**Module 6
Program design as related to strength and conditioning**

Coordinator:
Pedro E. Alcaraz Ramón

**Module 7
Sports nutrition and ergogenic aids**

Coordinator:
Francisco J. Martínez Noguera

**Module 8
Strength training and conditioning in the elderly**

Coordinator: Elena Marín Cascales

**Module 9
Practicum**

Coordinator:
Elena Marín Cascales

**Module 10
Master's Thesis**

Coordinator:
Pedro E. Alcaraz Ramón