









Bachelor's Degree in

# Physical Activity and Sport Science



|   |                         |
|---|-------------------------|
|  Mode     | <b>On Campus</b>        |
|  Duration | <b>4 years</b>          |
|  Credits  | <b>240 ECTS</b>         |
|  Fee      | <b>7,550 €/per year</b> |
|  Campus   | <b>Murcia</b>           |
|  Language | <b>English</b>          |
|  Places   | <b>40</b>               |
|  Intake   | <b>October</b>          |

"There are a lot of opportunities at UCAM: **to grow, to make new friends, and to learn new subjects**. The broad foundation makes it easier to eventually find your path and specialize in a master's degree."

**Tristan Govender**, student of the Bachelor's degree in Physical Activity and Sports Sciences.

## STUDENT PROFILE

Future undergraduates in Physical Activity and Sport Sciences should be interested in the following areas of knowledge:

- Sport and physical and sports practices.
- Physical Education and teaching sport and physical activity.
- Social and Behavioral Sciences applied to the practice of physical activity and sport.
- Exercise Physiology, oriented towards health and sport performance.
- Morphological Sciences, Biomechanics and Ergonomics applied to physical activity and sport.
- Organization and management of physical activity and sport.

## Curriculum

### 1<sup>st</sup> Year

| Subject   | ECTS | Type | Semester |
|---|------|------|----------|
| History of Sport  | 6    | BA   | 1º       |
| Human Anatomy and Kinesiology of the Locomotor System   | 6    | BA   | 1º       |
| Dance and Corporal Expression                           | 4.5  | CO   | 1º       |
| Motor Skills and Motor Games                            | 4.5  | CO   | 1º       |
| Swimming  | 4.5  | CO   | 1º       |
| Leisure and Recreation                                  | 4.5  | CO   | 1º       |
| Ethics and Bioethics                                    | 6    | BA   | 2º       |
| Pedagogical Foundations of Physical-Sporting Activities | 6    | BA   | 2º       |
| Basketball  | 4.5  | CO   | 2º       |
| Combat and Adversarial Sports                           | 4.5  | CO   | 2º       |
| Racquet Sports  | 4.5  | CO   | 2º       |
| Physical Activity in Nature                             | 4.5  | CO   | 2º       |

### 2<sup>nd</sup> Year

| Subject   | ECTS | Type | Semester |
|---|------|------|----------|
| Psychology of Physical-Sporting Activities              | 6    | BA   | 1º       |
| Physiology of Sport                                     | 6    | BA   | 1º       |
| Biomechanics of Sport                                   | 6    | BA   | 1º       |
| Football  | 6    | CO   | 1º       |
| Athletics   | 6    | CO   | 1º       |
| Epistemology and Methodology of Sports Science Research | 6    | BA   | 2º       |
| Sociology of Sport                                      | 6    | BA   | 2º       |
| Learning, Development and Motor Control                 | 6    | BA   | 2º       |
| Handball and Volleyball                                 | 6    | CO   | 2º       |
| Water Sports  | 6    | BA   | 2º       |

### 3<sup>rd</sup> Year

| Subject  | ECTS | Type | Semester |
|--|------|------|----------|
| Teaching-learning Processes in Physical Activity and Sport         | 6    | CO   | 1º       |
| Methodology of Sports Training                                     | 6    | CO   | 1º       |
| Health Education   | 6    | CO   | 1º       |
| Organisation and Management of Sport Systems                       | 6    | CO   | 1º       |
| Adapted and Inclusive Sports                                       | 6    | CO   | 1º       |
| Design, Intervention and Evaluation of Physical Activity and Sport | 6    | CO   | 2º       |
| Sports Training Planning   | 6    | CO   | 2º       |
| Physical Exercise Prescription                                     | 6    | CO   | 2º       |
| Physical Conditioning  | 6    | CO   | 2º       |
| Sports Equipment and Facilities                                    | 6    | CO   | 2º       |

### 4<sup>th</sup> Year

| Subject                       | ECTS | Type      | Semester |
|-------------------------------|------|-----------|----------|
| Theology                      | 3    | CO        | 1º       |
| External Practices            | 9    | Practicum | 2º       |
| Final Degree Project          | 6    | TFM       | 2º       |
| Social Doctrine of the Church | 3    | CO        | 2º       |



Graduates in **Physical Activity and Sport Science** from UCAM: discover what they have achieved.

