

2022/2023

MASTER'S IN HIGH PERFORMANCE SPORT: STRENGTH AND CONDITIONING



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Timetable

Mandatory face-to-face classes

DAY	DATE	TIME	LOCATION	MODULE	PROFESSOR
W	18/01/2023	9:00-14:00	N2_0_API07	Research Methodology - RMM	Pedro Alcaraz Ramón
U	24/01/2023	9:00-14:00	CIARD	Exercise Physiology	Stephane Dufour
W	25/01/2023	9:00-14:00	N2_0_API07	Research Methodology - RMM	Linda Chung
H	26/01/2023	9:00-14:00	P2_1_API01	Research Methodology - BSA	Linda Chung
U	31/01/2023	9:00-14:00	P2_1_API03	Research Methodology - BSA	Linda Chung
H	02/02/2023	17:00-19:00	CIARD	Kistler Workshop	
F	03/02/2023	9:00-14:00	N2_0_API07	Research Methodology - PPS	Tomás T. Freitas
U	07/02/2023	9:00-14:00	P5_S_API06	Research Methodology - PPS	Luis M. Martínez Aranda
W	08/02/2023	9:00-14:00	N2_0_API07	Research Methodology - PPS	Linda Chung
F	10/02/2023	9:00-14:00	N2_0_A04	Exercise Physiology	José A. López Calbet
		15:30-20:30	N2_0_A04	Scientific Principles in S&C	Francesco Cuzzolin
W	15/02/2023	9:30-10:15	P8_1_A08	Exam: Research Methodology (RMM+BSA+PPS)	
H	16/02/2023	9:00-11:00	P5_2_A10	Practicum	Linda Chung
F	17/02/2023	9:00-13:00	N2_0_A04	Exercise Physiology	Amelia Guadalupe Grau
U	21/02/2023	9:00-15:00	P5_2_A10	Master's Thesis	Pedro Alcaraz Ramón
H	23/02/2023	9:00-14:00	CIARD	Scientific Principles in S&C	Pedro Alcaraz Ramón
W	01/03/2023	9:00-12:30	N2_0_A06	Exercise Physiology	Luis M. Martínez Aranda
H	02/03/2023	9:00-14:00	CIARD	Biomechanics & Movement Analysis	Fernando Pareja Blanco
F	03/03/2023	9:00-14:00	N2_0_A04	Scientific Principles in S&C	Luis Alegre Durán
M	06/03/2023	9:00-14:00	P2_1_API03	Research Methodology - SRA	David Prieto Merino
U	07/03/2023	9:00-14:00	P5_S_API06	Research Methodology - SRA	David Prieto Merino
W	08/03/2023	9:00-14:00	N2_0_API07	Research Methodology - SRA	David Prieto Merino
H	09/03/2023	9:00-11:30	CIARD	Scientific Principles in S&C	Tomás T. Freitas
F	10/03/2023	15:30-20:30	CIARD	Scientific Principles in S&C	Nicola Maffiuletti
W	15/03/2023	9:30-10:15	N2_0_A03	Exam: Scientific Principles of S&C	
		10:15-10:35	N2_0_A03	Exam: Research Methodology (SRA)	
H	16/03/2023	9:00-14:00	N2_0_A02	Program design as related to S&C	Julio Calleja González
F	17/03/2023	11:00-14:00	N2_0_A04	Exercise Physiology	Casper Skovgaard Andersen
		15:00-17:00	football field	Exercise Physiology	Casper Skovgaard Andersen
W	22/03/2023	8:00-13:00	P8_1_A08	Biomechanics & Movement Analysis	Robert Csapo
F	24/03/2023	9:00-14:00	P8_0_A05	Program design as related to S&C	David García López
		16:00-20:30	N2_0_A03	Strength training and conditioning in the elderly	Ignacio Ara Royo
U	28/03/2023	11:30-14:00	P5_2_A10	Program design as related to S&C	Per Aagaard
W	29/03/2023	10:00-14:00	P8_1_A08	Program design as related to S&C	Per Aagaard
H	30/03/2023	9:00-12:30	CIARD	Biomechanics & Movement Analysis	Tomás T. Freitas
		13:00-13:45	P9_0_A07	Exam: Exercise Physiology	
M	17/04/2023	9:00-14:00	P1_0_A04	Biomechanics & Movement Analysis	Joao P. Vilas-Boas
W	19/04/2023	9:00-11:30	N2_0_API07	Program design as related to S&C	Anthony Blazeovich
H	20/04/2023	9:00-11:30	N2_0_API07	Program design as related to S&C	Anthony Blazeovich
F	21/04/2023	9:00-13:00	N2_0_API07	Research and Computer Methods in S&C	Tomás T. Freitas
U	25/04/2023	9:00-13:00	N2_0_A02	Biomechanics & Movement Analysis	Peter Demopoulos
W	26/04/2023	9:00-14:00	P8_1_A08	Sports nutrition and ergogenic aids	Carlos Treceño Lobato
H	27/04/2023	9:00-11:30	P5_S_API01	Sports nutrition and ergogenic aids	Alejandro Martínez Rodríguez
		12:00-12:45	P5_2_A01	Exam: Biomechanics & Movement Analysis	
H	04/05/2023	9:00-14:00	P5_2_A10	Sports nutrition and ergogenic aids	Iñigo Mújika Antón
F	05/05/2023	9:00-14:00	N2_0_A04	Strength training and conditioning in the elderly	Jorge Pérez Gómez
		16:00-21:00	N2_0_A04	Program design as related to S&C	Brad Schoenfeld
H	11/05/2023	15:30-20:30	P8_1_A08	Program design as related to S&C	Mikel Izquierdo Redin
F	12/05/2023	9:00-13:00	N2_0_A04	Strength training and conditioning in the elderly	Mikel Izquierdo Redin
		15:00-20:00	HiTech_S_Sala	Sports nutrition and ergogenic aids	Alex González-Agüero
M	15/05/2023	9:00-13:00	P2_1_API01	Research and Computer Methods in S&C	David Prieto Merino
U	16/05/2023	9:00-13:00	P2_1_API03	Research and Computer Methods in S&C	David Prieto Merino
W	17/05/2023	9:00-13:30	N2_0_API07	Research and Computer Methods in S&C	David Prieto Merino
H	18/05/2023	9:00-13:00	P5_2_A10	Strength training and conditioning in the elderly	Antonio Paoli
F	19/05/2023	9:00-14:00	N2_0_A04	Strength training and conditioning in the elderly	German Vicente Rodríguez
M	22/05/2023	9:00-14:00	N2_0_A03	Sports nutrition and ergogenic aids	Toscana Viar Morón
W	24/05/2023	9:30-10:15	N2_0_A06	Exam: Program design as related to S&C	
F	26/05/2023	9:30-10:15	N2_0_A06	Exam: Research and Computer Methods in S&C	
M	29/05/2023	9:30-10:15	N2_0_A06	Exam: Strength training & conditioning in the elderly	
		10:15-11:00	N2_0_A06	Exam: Sports nutrition and ergogenic aids	

V	08/09/2023	Campus Virtual; exam location TBA	1st Call: Master's Thesis Document	
			2nd Special Call: Master's Thesis Document	
			1st Call: Practicum	
			2nd Call modules 1-8: assignments + exams	
V	22/09/2023	Schedule & location TBA	1st Call: Master's Thesis presentation	
			2nd Special Call: Master's Thesis presentation	
V	10/11/2023	Campus Virtual	2nd Call: Master's Thesis Document	
			2nd Call: Practicum	
H	23/11/2023	Schedule & location TBA	2nd Call: Master's Thesis Document	

N = La Noria campus
P = Pabellón Main Campus
A = Aula (classroom)
API = Classroom with computers
S = Sotano (basement)

CIARD = Research Center for High Performance Sport (La Noria campus)
HiTech = HiTech Sport & Health Innovation Hub (off-campus)
TBA = To be announced