

Master's in High Performance Sport: Strength and Conditioning

Academic Year 2018-2019

Module: Exercise Physiology

Date & Time	Location	Professor & Theme
Thurs., 21/02/2019 9:00-14:00h	CIARD Laboratory	Dr. José A. López Calbet (ULPGC) Cardiorespiratory and metabolic adaptations to exercise with practical
Weds., 06/03/2019 9:00-12:00h 12:00-14:00h	Pavilion 5, Classroom 14A *Campo Guadalupe	Dr. Casper Skovgaard (Univ. Copenhagen) Intense training as a means to improve performance in athletes
Mon., 18/03/2019 11:30-14:00h	Pavilion 3, Classroom 5A	Dr. Luis Manuel Martínez Aranda Flywheel iso-inertial resistance exercise: From space to clinical applications
Fri., 29/03/2019 15:00-20:00h	Pavilion 3, Classroom 6	Dr. Brad Schoenfeld Science and development of muscle hypertrophy
Friday, 01/03/2019 15:30-18:30h & 18:30-20:30h	Pavilion 3, Classroom 6 Pavilion 3, Laboratory 5	Dr. Amelia Guadalupe (Univ. Politécnica de Madrid) Muscular adaptations in training: molecular insights
Fri., 07/05/2019 9:00-10:30h	Pavilion 5, Classroom 14A	Final Exam

* Transportation included.

CIARD Laboratory is located in the UCAM Sport Center.