



**UCAM**  
UNIVERSIDAD  
CATÓLICA DE MURCIA

# 2018/2019 Course Guide

## Sociology of Sport

Bachelor's in Physical Activity and Sports Science

On Campus

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## Sociology of Sport

Module: **Basic Sciences**

Subject: **Social Sciences**

Level: **Mandatory**

No. of Credits: **6**

Academic Session: **Second Course – Quarterly**

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Office Hours: Mondays from 10:30 am to 11:30 am.

Professor coordinating the Module, Subject, or Course: Dr. Aarón Manzanares.

## Brief Description

The Sociology of Sport course is part of the basic sciences module. This course aims to provide a sociological and cultural perspective on the importance of the sports phenomenon in today's society, offering a comprehensive and complete view on its transformation during its process of development, as a primary element of the cultural and socially defining subsystem of the current social stratum in which it is unfolding.

Students will learn to understand and relate basic knowledge with the social and cultural environment in which they move. They will be provided with the necessary knowledge to exercise their future professional practice from a critical point of view with the ability to objectively and relationally analyze sports according to its current problems and reality.

## Prerequisites

There are no prerequisites for the course.

## Objectives

1. To individualize the fundamentals of the social character of the human being and the structure of society.
2. To distinguish the different models of an ideal society.
3. To distinguish the political and social processes that characterize our society today.
4. To distinguish the basic historical milestones from the conjunctural events and the elements that constitute its cause-and-effect structure.
5. To distinguish the essential foundations of our civilization from its accidental cultural characteristics.

## Competencies and Learning Outcomes

### Interdisciplinary Competencies

- (CT1) Analysis and synthesis.
- (CT2) Organization and planning.
- (CT3) Oral and written communication in the native language.
- (CT4) Knowledge of a foreign language.
- (CT6) Ability for information management.
- (CT7) Problem-solving.
- (CT8) Decision-making.
- (CT9) Teamwork.
- (CT11) Intrapersonal relationships.
- (CT12) Recognition of diversity and multiculturalism.
- (CT13) Critical reasoning.
- (CT14) Ethical commitment.
- (CT15) Autonomous learning.
- (CT16) Adaptation to new situations.
- (CT18) Creativity.
- (CT20) Entrepreneurial initiative and spirit.
- (CT21) Motivation for quality.
- (CT22) Sensitivity towards environmental issues

### Specific Competencies

- (CE5) To know and understand the role of physical activity and sport in the development of society, history, and sociological aspects.
- (CE6) To apply the psychological, behavioral, pedagogical, and social principles to the different fields of physical activity and sport.

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(CE7) To know and apply scientific methods within the fields of Physical Activity and Sports Science.

### Learning Outcomes

(RA) To distinguish and relate the role of physical activity and sport in the development of society, history, and sociological aspects.

(RA) To understand the evolution and trends of physical activity and sport from a social and historical perspective.

(RA) To interpret and use specific scientific literature about physical activity and sport for the performance of their training and professional activities.

(RA) To design and use research designs in physical activity and sports for the performance of their training and professional activities.

(RA) To understand and distinguish the possibilities that different information and communication technologies have in physical activity and sport.

(RA) To use Information and Communication Technologies (ICT) for the performance of their training and professional activities.

(RA) To manage and organize the information acquired during the learning process.

(RA) To acquire and implement collaboration strategies and skills that favor cooperative work.

(RA) To adjust their behavior to the changes and demands that arise in new situations.

(RA) To plan and develop innovative actions both in their field of knowledge and in everyday life.

(RA) To acquire an ethical commitment in building a democratic and plural society.

(RA) To communicate orally and in writing in a foreign language in their field of study.

(RA) To collaborate with other professionals, recognizing the different contributions that other areas of knowledge make to the professional practice.

## Methodology

Methodology	Hours	Hours of Classroom Work	Hours of Non-Classroom Work
Theoretical Lectures, Seminars, Workshops	42	60 hours (40 %)	
Follow-up Tutorials	3		
Seminars and Workshops	12		
Evaluation	2.22		
Autonomous Work	60		90 hours (60 %)
Applied Work	30		
<b>TOTAL</b>	<b>150</b>	<b>60</b>	<b>90</b>

### Theoretical-Practical Lectures

Presentation of the theoretical-practical content by the professor in the classroom or through audiovisual media. The presentations and/or supporting study material will be made available to the students on the Virtual Campus.

### Seminars and Workshops

Different tasks will be done which will be related to other teaching units. Some theoretical content will be illustrated with computer and/or audiovisual material (documentary) to be discussed later. Group projects done by students will also be presented.

### Autonomous Work

This includes the time that the student devotes to the theoretical and practical personal study to assimilate the material and topics presented in the classes.

### Applied Work

This includes the time that the student devotes to the development of the work of the subject.

## Syllabus

Achieving the proposed objectives and the most general content of the subject explained in the Verified Report is to achieve the general content: "The methodology of study and research in social sciences. Sociology of Sport. Sport as a social construct. Interpretive models of sport" that are presented in the syllabus and in the program of the subject set out in the following summary.

Based on the basic and additional bibliography, we will look further into the following aspects:

1. The main paradigms of social sciences.
2. Understanding sports as a social construct.
3. The current society and the sports phenomenon.
4. The functions of sport in today's society.
5. Sport in the face of social problems related to gender, violence, the media, doping, etc.
6. Anthropological foundations of sport.
7. Philosophical foundations of sport.

For the above, the following syllabus for the theoretical and practical lessons will be taught:

### Theoretical Instructional Program

Teaching Unit I: Sociology of Sport

Topic 1. What is Sociology?

- 1.1. Sociology as a science.
- 1.2. The classics of sociology. Classic social debates.
- 1.3. Contemporary sociologists. Basic sociological perspectives.

Topic 2. Sociology of Sport.

- 2.1. Understanding sports as a social construct.
- 2.2. Interpretive theories and models of sport.

Topic 3. Sport and society. Lines of sociological work

- 3.1. The issues of gender and age in sport.
- 3.2. Sport and politics.
- 3.3. Sports in mass media.

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3.4. Professional sports

3.5. Sports violence.

3.6. Doping in sports.

3.7. Sport as a means of social integration: The immigrant population. Youth in risky social situations. Prison populations. People with disabilities.

3.8. Sport and the Environment. Recreation and Sport.

Teaching Unit II: The Culture of Sport

Topic 4. Anthropological foundation of sport and physical education.

4.1. Who is the sports man?

Topic 5. Introduction to Sports Philosophy.

5.1. Values and virtues of sports.

5.2. Sports through cinema

5.2. Sport as a “vital luxury” and “a longing for paradise”.

## Practical Instructional Program

Seminar 1. Sociology, culture, and spectacle. Observing with “sociological imagination”.

Seminar 2. In search of meanings. The sports phenomenon in its context. Lessons and teachings on the cultural, social, and political dimensions of sport.

## Relationship to Other Courses in the Study Plan

The Sociology of Sport subject is related to the following subjects; Historical Foundations of Sport and Pedagogical Fundamentals of Sport, Psychology and Behavioral Analysis in Sport, and Learning, Development, and Motor Control.

The Sociology of Sport subject complements the rest of the subjects in the degree since any area of knowledge and its development in the field of physical activity and sports also provides the basic conceptual elements to contextualize the subjects integrated in the Behavioral and Social Foundations of Human Motor Skills module.



## Grading System

For the February/June/September Sessions:

- **Theoretical Part:** 60% of the total grade. Requirements: Students who exceed 60% class attendance: In this case the theoretical part of the subject will be evaluated in two eliminatory partial exams, which must each be passed independently.

- **Practical Part:** A) Theoretical and practical presentations and tasks: 30% of the total grade. Requirements: Attendance of at least 80% of the total number of practicums and a score of 5 points in each of the exercises proposed. B) Practical workshops: 10% % of the total grade. Requirements: Attendance and a score of 5 points in each of the exercises proposed.

In order to pass the subject, at least half of the score of each of the assessment instruments must be obtained.

The student shall pass the subject when the weighted average is equal to or greater than 5 points and all the parts that make up the grading system have been passed, with an overall weight equal to or greater than 20%.

If the student has less than 5 in any of the parts with a weight equal to or greater than 20%, the subject will be suspended, and the student must retake the part(s) in the next session within the same academic year. The suspended part(s) in official sessions (February/June) will be saved for successive sessions that are held in the same academic year.

In the event that the subject is not passed in the September session, the passed parts will not count for successive academic years.

The **grading system** (RD 1.125/2003. of September 5) shall be the following:

0-4.9 Suspended (SS)

5.0-6.9 Passed (AP)

7.0-8.9 Excellent (NT)

9.0-10 Outstanding (SB)

Honorable mention may be granted to students who have earned a grade equal to or greater than 9.0. This number may not exceed 5% of the total number of students enrolled in a subject in the corresponding academic year, unless the number of students enrolled is less than 20, in which case only a single honorable mention may be granted.

## Bibliography and Reference Sources

### Basic Bibliography

- Coakley, J. y Dunning, E. (2000). *Handbook of Sport Studies*. London, Sage Publications.
- Giulianotti, R. (2016). *Sport, a Critical Sociology (2nd Edition)*. Cambridge, Polity Press.
- Giddens, A. (2001): *Sociology (6th Edition)*. Cambridge, Polity Press
- Coakley, J. (2001) *Sport in Society. Issues & Controversies*. Singapore, McGraw-Hill.
- Houlihan, B. (Ed.) (2008). *Sport and Society. A Student Introduction*. London, Sage Publications.
- Craig, P. & Beedie, P. (Eds) (2008). *Sport Sociology*. Exeter, Learning Matters

### Additional Bibliography

- Anderson, E. (2010). *Sport Theory and Social Problems. A Critical Introduction*. New York, Routledge.
- Besnier, N. Brownell, S. & Carter, T.F. (2018). *The Anthropology of Sport. Bodies, Borders, Biopolitics*. Oakland, The University of California Press
- Dunning, E. (1971). *The Sociology of Sport. A Selection of Readings*. London, Frank Cass and Co.
- Guttman, A. (2004). *From Ritual to Record. The Nature of Modern Sports*. New York, Columbia University Press.
- Hargreaves, J. (1993). *Sport, Power and Culture*. Cambridge. Polity Press.
- Horne, J., Tomlinson, A. & Whannel, G. (2005). *Understanding Sport. An Introduction to the Sociological and Cultural Analysis of Sport*. New York, Routledge.
- Laker, A. (Ed. (2002). *The Sociology of Sport and Physical Education. An Introductory Reader*. New York, Routledge
- Maguire, J., Jarvie, G., Mansfield, L., & Bradley J. (2002). *Sport Worlds. A Sociological Perspective*. Champaign, Human Kinetics.
- Messner, M.A. (2007). *Out of Play. Critical Essays on Gender and Sport*. Albany, Suny Press.
- Pfister, G. & Kristin, M. (2013). *Gender and Sport. Changes and Challenges*. Münster, Waxman.
- Volkwein-Caplan, K. (2004). *Culture, Sport and Physical Activity*. Oxford, Meyer & Meyer.
- Blanchard, K., Cheska, A., (1986). *Antropología del deporte. [The Anthropology of Sport.]* Barcelona: Bellaterra.
- Yiannakis, A. & Melnick, M.J. (Eds.) (2001). *Contemporary Issues in Sociology of Sport*. Champaign, Human Kinetics.

## Related Websites

- Website for the European Association for Sociology of Sport (EASS): <http://www.eass-sportsociology.eu>
- Website for the Spanish Association of Social Research Applied to Sport (AEISAD): <http://www.aeisad.org>
- Website for the Journal of the Physical Activity and Sports Science Department with articles for all types related to sports initiation. <http://ccd.ucam.edu>
- Website for the Spanish Federation of Sociology <http://www.fes-web.org>
- Website for the Spanish Journal of Sociological Research <http://www.reis.cis.es/REIS/html/index.html>

## Study Recommendations

Keep in mind the instructions given by the professor at the beginning of the course. The professor will confirm with the students the time frame of the contents, the methodologies to be followed, and other guidelines of interest that will have an impact on the learning of the subject.

Attend classes and participate in them actively.

Orient efforts and studies to the understanding of the contents of the subject. Take into account the knowledge acquired in other subjects of the Comprehensive Education module to relate them to the topics covered in this subject and in this way, to acquire an overall and sound knowledge of sports.

Consult the recommended bibliography in each topic and do not limit yourself to the study of the notes taken in class

Use the Virtual Campus, or the e-mail for consultation and to ask questions to the professor. Attend at least one of the personal academic tutoring sessions.

## Teaching Materials

The teaching materials used in this subject to facilitate the acquisition of competencies are:

- Presentations (PowerPoint), which the professor will use as a guide (not as notes for the subject). Students should prepare their own notes using all the teaching materials that are described here.
- Supporting documents, which will also be shared through the Virtual Campus or students will be asked to look for them through information and communication technologies. They will also be related to each topic.
- Required reading of the book: SÁNCHEZ, A. and MOSQUERA, M<sup>a</sup>.J. (2011). Tratado sobre violencia y deporte. La dialéctica de los ámbitos intercondicionantes. [*The treatment of violence and sports. The dialect of determining environments.*] Wanceulen: Sevilla. This will be evaluated in an objective test on the final exam.

## Tutorials

### Brief Description

#### Academic Tutorial

In academic tutorials, the focus will be to work on Decree No. 359/2009, of October 30<sup>th</sup>, which establishes and regulates an educational response to the diversity of students in the Autonomous Community of the Region of Murcia. Attending the academic tutorials is fundamental in knowing the purpose and the use of all the teaching materials and the regulations of this subject. With these, it is intended to guide and advise the student in the teaching-learning process and to contribute to the consolidation of knowledge, abilities, skills, capabilities, and attitudes related to the transversal or general competencies such as group work, oral and written communication, values, and professional deontology and autonomous learning in the student.

#### Personal Tutoring

The University also has a Special Body of Tutors that conducts personal tutoring with the students enrolled in the degree. The personal tutor accompanies the students throughout the university phase. You can check the following link

<http://www.ucam.edu/servicios/tutorias/preguntas-frecuentes/que-es-tutoria>